

Apr-26

	AMOUNT	#PEOPLE			SPECIALS
1	\$84.00	50			
2	\$70.00	43	\$154.00	93	
3	****	****			
4	XXXX	XXXX			
5	XXXX	XXXX			
6	\$125.00	52			2
7	\$43.00	35			1
8	\$100.60	50	\$402.60	223	1
9	\$35.00	32			
10	\$99.00	54			
11	XXXX	XXXX			
12	XXXX	XXXX			
13	\$84.05	51			1
14	\$76.05	50			
15	\$103.75	65	\$382.85	256	2
16	\$53.00	40			1
17	\$66.00	50			
18	XXXX	XXXX			
19	XXXX	XXXX			
20	\$128.80	59			1
21	\$63.00	42			
22	\$88.00	56	\$437.80	242	2
23	\$54.00	40			2
24	\$104.00	45			1
25	XXXX	XXXX			
26	XXXX	XXXX			
27	\$115.00	50			1
28	\$65.00	31			
29	\$122.00	55	\$372.00	174	1
30	\$70.00	38			
TOTAL	\$1,749.25	988			16

****HOLIDAY

XXXX WEEKEND

**DEEP EAST TEXAS COUNCIL OF GOVERNMENTS
AREA AGENCY ON AGING
CONTRACTOR INVOICE – FY2026**

CONTRACTOR NAME: TYLER COUNTY

MONTH/YEAR: April 2026

SUBMISSION #: 4

CONTRACT SERVICES AUTHORIZED:

Congregate Meals

Program Income Collected	<u>\$1749.25</u>	/ \$9.15 =	<u>191</u>	meals
Area Agency on Aging Funded Meals (505)	<u>505</u>	x \$9.15 =	<u>\$4620.75</u>	
Other Eligible Meals	<u>292</u>	x \$9.15 =	<u>\$2671.80</u>	

Senior Center Operations

Area Agency on Aging 1 x \$975.00 = \$ 975.00



Certified By: Board Member

5-5-26

Date

Certified By: Area Agency on Aging Staff

Date

**TYLER COUNTY
MONTHLY NUTRITION EDUCATION/
SENIOR CENTER ACTIVITY**

MONTH: April 2026 DAYS/HOURS OF OPERATION: M-F 7A-3p

NUTRITION EDUCATION: (please attach example of material presented and a list of the people that received it)

Congregate Meals

Number of Nutrition Education Programs Provided 1
(Attach copy of program)

Contacts (People receiving information) 44

SENIOR CENTER ACTIVITIES:

	Number	Contacts
Number of Health Screenings Provided	<u>1</u>	<u>10</u>
Number of Recreation Activities Provided	<u>21</u>	<u>347</u>
Number of Exercise Sessions Provided	<u>12</u>	<u>28</u>
Number of Art Therapy Sessions Provided	<u>0</u>	<u>0</u>
Number of Music Therapy Sessions Provided	<u>0</u>	<u>0</u>
Number of Adult Education Sessions Provided	<u>1</u>	<u>44</u>

SENIOR CENTER ATTENDANCE: (please record daily attendance)

<u>50</u>	1	<u>-</u>	5	<u>32</u>	9	<u>51</u>	13	<u>50</u>	17	<u>42</u>	21	<u>-</u>	25	<u>55</u>	29
<u>43</u>	2	<u>52</u>	6	<u>54</u>	10	<u>50</u>	14	<u>-</u>	18	<u>56</u>	22	<u>-</u>	26	<u>38</u>	30
<u>-</u>	3	<u>35</u>	7	<u>-</u>	11	<u>65</u>	15	<u>-</u>	19	<u>40</u>	23	<u>50</u>	27	<u>-</u>	31
<u>-</u>	4	<u>50</u>	8	<u>-</u>	12	<u>40</u>	16	<u>59</u>	20	<u>45</u>	24	<u>31</u>	28		

ITEM	DATE OF RECEIPT	BUDGETED AMOUNT	AMOUNT USED
Enter "Amount Used" and Initial			
Congregate Meals In-Kind		$9909 \div 12 = 825.75$	

Certified by:  Date: 5-5-26
Board Member

Reviewed by: _____ Date: _____
Area Agency on Aging Staff

Heart to Heart Hospice

Sign in Sheet

	NAME	PHONE	EMAIL
1.	Erica		
2.	Catherine		
3.	Sue Hoyer		
4.	Judy Mott		
5.	Richard manna		
6.	Carl Swinney		
7.	Pat Brimer		
8.	Ivy Jo Cook		
9.	Alva Cook JR		
10.	Robert Pasberg		
11.	Burtis Connor		
12.	Rocky Patanki		
13.	Kirk Walker		
14.	Gerry Elds		
15.	BILL FAIRCLOTH		
16.	WYNETTE FAIRCLOTH		
17.	Jane Elden		
18.	Charles Willis		
19.	Barbara Light		
20.	Diana Falberberg		
21.	Patsy Brimer		
22.	Carl Swinney		
23.	Bill Leathem		
24.	Neida Leathem		
25.	Carol Richour		

- 26. Darlene Berry
- 27. Betty Bingham
- 28. Judy Warner
- 29. Timmy Beashea

m10.R/d

Senior Depression: Do You Recognize These 12 Common Signs?



DECEMBER 30, 2024

Related Articles:

- [How to Help Seniors Cope With the Loss of a Spouse](https://wellspringprevention.org/blog/senior-loss-of-spouse/) (https://wellspringprevention.org/blog/senior-loss-of-spouse/)
- [Unique Approaches To Support Loved Ones With Chronic Health Conditions](https://wellspringprevention.org/blog/unique-approaches-chronic-health-support/) (https://wellspringprevention.org/blog/unique-approaches-chronic-health-support/)
- [How to Talk to Your Senior Parent About Mental Health and Depression](https://wellspringprevention.org/blog/senior-parent-mental-health-depression/) (https://wellspringprevention.org/blog/senior-parent-mental-health-depression/)

Detecting depression in older adults can be difficult because symptoms may manifest differently than in younger people. For example, some seniors who are experiencing depression may not display sadness as a major symptom, but rather appear to feel tired more regularly or seem more irritable and grumpier than usual.

What makes diagnosing depression in older adults even more difficult than in younger adults is depression can cause people to get confused more easily or struggle to focus on a specific subject. This confusion may appear to be a brain disorder, such as dementia or Alzheimer's disease. Additionally, older adults may have other medical conditions, such as heart disease, diabetes, or cancer, that require medication whose side effects contribute to depressive symptoms.

However, identifying depression is crucial to developing an effective treatment plan. Here are some signs to look out for, and methods to prevent and treat depression in older adults.

12 COMMON SIGNS OF DEPRESSION IN SENIOR CITIZENS

It's important to note that while depression is common in older adults, it's not a "normal" part of aging and requires close attention in people of all ages. Here are some [signs of depression](https://www.nia.nih.gov/health/depression-and-older-adults) (<https://www.nia.nih.gov/health/depression-and-older-adults>) in senior citizens:

1. Loss of Interest in Favorite Activities

A decline in interest in hobbies or pastimes once loved can indicate more than just boredom; it may point to underlying depression. Seniors might withdraw from activities due to feelings of sadness, hopelessness, or apathy. This withdrawal can further isolate them, creating a cycle of worsening mental health. Caregivers should gently encourage participation in activities and explore if physical or emotional barriers are contributing to this withdrawal.

2. Persistent Sadness or "Empty" Moods

Depression often presents as long-lasting feelings of sadness, despair, or a sense of emotional numbness. These feelings can interfere with daily life, making basic tasks feel insurmountable. It's important to observe if these moods persist for weeks or months and explore professional help if they do. Encouraging open conversations about feelings can help uncover the root cause.

3. Fatigue

Fatigue in seniors with depression is more than just feeling tired; it's a deep exhaustion that affects mental, emotional, and physical energy. This can make even simple tasks like getting dressed seem overwhelming. Fatigue may stem from poor sleep, low appetite, or the emotional toll of negative thoughts. Addressing underlying medical conditions or sleep disturbances can help alleviate this symptom.

4. Trouble Sleeping

Sleep problems are common in depression and can manifest as difficulty falling asleep, staying asleep, or sleeping excessively. Insomnia, in particular, can worsen other symptoms like fatigue and irritability. Conversely, excessive sleep may be an attempt to escape feelings of despair. Tracking sleep patterns and addressing sleep hygiene can help seniors achieve better rest.

5. Feelings of Guilt, Hopelessness, Helplessness, or Worthlessness

Many seniors may feel like they're a burden or that their contributions no longer matter. These feelings can lead to self-imposed isolation and a worsening spiral of depression. Encouraging small but meaningful activities, like helping with household tasks or participating in community events, can restore a sense of purpose.

6. Loss of Appetite

A noticeable reduction in appetite or interest in food can lead to unintentional weight loss and malnutrition. Depression can dull the senses, making eating less enjoyable, or it can cause a lack of motivation to prepare meals. Caregivers should monitor eating habits and consider shared meals or easy-to-prepare healthy snacks to rekindle interest in food.

7. Thoughts of Death or Suicide

Expressions of a desire to die or indications of self-harm should be taken very seriously. Such thoughts often stem from feelings of hopelessness or chronic pain. Immediate intervention is crucial—seek help from mental health professionals or contact emergency services. Social support and therapy can be lifesaving.

8. Restlessness

Restlessness can present as agitation, pacing, or difficulty sitting still. This symptom is often accompanied by feelings of frustration or unease, which may further disrupt sleep or daily activities. Gentle exercises, like walking or yoga, can help channel this energy into something positive.

9. Frequent Crying

Tears that come more easily or frequently than usual, often without a clear reason, may indicate unprocessed emotions or feelings of deep sadness. While crying can provide emotional relief, chronic crying episodes should prompt a conversation with a mental health professional to uncover and address the root cause.

10. Physical Symptoms with No Clear Cause

Aches, pains, digestive issues, and headaches without an identifiable medical reason can be signs of depression. These symptoms might persist despite treatment for other conditions. Stress and emotional struggles can manifest physically, so addressing mental health may alleviate some of these issues.

11. Irritability

Irritability in seniors might look like snapping at others, frustration over small issues, or a general sense of dissatisfaction. This may be a way of expressing internal turmoil or unmet needs. Patience and understanding from caregivers or loved ones can help create a safe environment for discussing emotions.

12. Confusion or Attention Problems

Difficulty focusing, forgetfulness, and disorientation can sometimes mimic or be mistaken for cognitive decline conditions like dementia. Depression-related confusion often improves with treatment. Observing whether these symptoms worsen during periods of low mood can help differentiate between depression and other conditions.

Some of these symptoms overlap with physical health conditions, such as Alzheimer's disease, or could be side effects of certain prescription drugs. Identifying the cause for these signs of depression is important for developing a proper treatment plan.

PREVENTION ACTIVITIES AND TREATMENTS FOR DEPRESSION IN OLDER ADULTS

Prevention is the first step to addressing depression in adults. However, the condition is often inevitable and warrants more intensive treatment. Here are some things you can do to try to prevent and treat depression in older adults:

Preventing depression in senior citizens

- **Exercise:** Encouraging senior citizens to exercise can do wonders for their mental health. Whether it's moving their body by walking, swimming, or even dancing, help them find what they enjoy to sustain regular activity.
- **Healthy diet:** If you've ever heard of the gut-brain connection (<https://www.health.harvard.edu/blog/nutritional-psychiatry-your-brain-on-food-201511168626>), you understand that what you eat can impact how you think/feel. Eating healthy sends positive signals to the brain that encourages better, more stable moods, better focus, and more energy.
- **Uplifting activities:** Feeding passion in senior citizens is a great way to lift their spirits. Involve them in activities that interest them or help them stay social, from art projects to gardening, and allow them to get creative and child-like in nature.

Time with family: Spending time with loved ones is the ultimate contributor to healing. While it might be difficult to get together during COVID, many can still call, video-chat or visit their elderly loved one from a safe distance.

Treating older patients with depression

- **Cognitive behavioral therapy (CBT):** CBT (<https://www.ncbi.nlm.nih.gov/books/NBK279297/>) is a great form of therapy that helps individuals identify toxic thought patterns and stop over-generalizing and catastrophizing. Many senior citizens struggle with negative thoughts associated with aging, illness, fear of death, isolation and more. CBT is a great way to recognize these unhelpful thoughts and think more clearly/rationally.
- **Group therapy:** Isolation and loneliness is a common issue for older adults. Through group therapy, seniors tend to feel less alone and more supported, knowing they aren't the only ones feeling a certain way. Group therapy helps people of all ages grow more empowered while building their social connections.
- **Medication:** When depression is severe and other treatments aren't helping, medication is a great option. No one deserves to suffer from depression, and thanks to various medications on the market, depression doesn't have to be such an issue. While it might take a little experimenting and patience

finding a drug that works best for the individual, it's worth alleviating the mental anguish caused by depression.

Why It's Crucial to Address Senior Depression Early

Addressing senior depression early is vital for several reasons:

- **Depression Affects Physical Health:** Left untreated, depression can weaken the immune system, exacerbate chronic conditions like heart disease or diabetes, and increase the risk of severe illnesses such as strokes. Seniors with depression may also neglect their health by skipping meals, exercise, or medications.
- **Social Isolation Compounds Depression:** Depression often leads to withdrawal from social interactions, which worsens feelings of loneliness. Early intervention helps seniors maintain social connections and prevents isolation from taking hold.
- **Increased Risk of Cognitive Decline:** Depression can mimic or contribute to memory problems and confusion, sometimes mistaken for dementia. Early treatment can preserve cognitive function and improve mental clarity.
- **Higher Risk of Suicide:** Older adults, particularly men aged 65 and older, are at a high risk of suicide. Early detection and support can prevent this tragic outcome.
- **Depression Impacts Loved Ones and Caregivers:** Family members and caregivers often experience stress and guilt when trying to support a loved one with untreated depression. Early treatment can reduce this burden and foster healthier relationships.
- **Effective Treatments Are Available:** Therapy, medication, and lifestyle changes can significantly improve symptoms. Early intervention leads to faster recovery and better outcomes.
- **Improved Quality of Life:** Addressing depression helps seniors regain energy, rediscover hobbies, and maintain independence, leading to a more fulfilling life.

By taking action early, families and healthcare professionals can protect seniors' mental and physical health, ensuring they receive the care and support they need.

SIGN UP FOR OUR NEWSLETTER

Join our newsletter and we'll keep you in the loop about all of our latest news, programs and ways to get involved.

NAME *

3/2026 Sun 1 Mon 2 Tue 3 Wed 4 Thu 5 Fri 6 Sat 7 Sun 8 Mon 9 Tue 10 Wed 11 Thu 12 Fri 13 Sat 14 Sun 15 Mon 16 Tue 17 Wed 18 Thu 19 Fri 20 Sat 21 Sun 22 Mon 23 Tue 24 Wed 25 Thu 26 Fri 27 Sat 28 Sun 29 Mon 30 Tue 31

9 Barnett, David A Service: Congregate Meals Fund Identifier: Program Income Subservice: (None)

10 Barraque, Carl W Service: Congregate Meals Fund Identifier: Program Income Subservice: (None)

11 Barraque, Lola M Service: Congregate Meals Fund Identifier: Program Income Subservice: (None)

12 Bartley, Samuel R Service: Congregate Meals Fund Identifier: Program Income Subservice: (None)

13 Bean, James Service: Congregate Meals Fund Identifier: Program Income Subservice: (None)

14 Blakeney, Jackie N Service: Congregate Meals Fund Identifier: Program Income Subservice: (None)

15 Bomer, Donna A Service: Congregate Meals Fund Identifier: Program Income Subservice: (None)

16 Borey, Darlene R Service: Congregate Meals Fund Identifier: Program Income Subservice: (None)

17 Boykin, Robert E Service: Congregate Meals Fund Identifier: Program Income Subservice: (None)

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32

3/2026
4/2026

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36																																
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Cravy, Ernest (Eddie) E

42																																
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2

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54 **Edens, Terry** Service: Congregate Meals Fund Identifier: Program Income Subservice: (None) 3

55 **Edmond, Joe A** Service: Congregate Meals Fund Identifier: Program Income Subservice: (None)

56 **Edwards, Gertie** Service: Congregate Meals Fund Identifier: Program Income Subservice: (None)

57 **Edwards, Vincent M** Service: Congregate Meals Fund Identifier: Program Income Subservice: (None)

58 **Elizando, Darlene** Service: Congregate Meals Fund Identifier: Program Income Subservice: (None) 2

59 **Ellis, Gerry L** Service: Congregate Meals Fund Identifier: Program Income Subservice: (None) 19

60 **Endsley, James H** Service: Congregate Meals Fund Identifier: Program Income Subservice: (None)

61 **Evans, Judith M** Service: Congregate Meals Fund Identifier: Program Income Subservice: (None) 3

62 **Faircloth, Bill J** Service: Congregate Meals Fund Identifier: Program Income Subservice: (None) 7

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63	Faircloth, Lynette A																														
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64	Falkenberg, Cassandra D																														
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65	Fortenberry, Marjorie M																														
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66	Foster, Colinda K																														
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67	Franks, R.V.																														
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68	Freeman, Cathy A																														
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69	Frizzell, Ray E																														
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70	Gazzaway, John																														
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71	Gell, Larry T																														
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	Subservice: (None)																														

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108 **Kornegay, Dennis D** Service: Congregate Meals Fund Identifier: Program Income Subservice: (None)

109 **Lade, John M** Service: Congregate Meals Fund Identifier: Program Income Subservice: (None)

110 **Lanyon, Dale R** Service: Congregate Meals Fund Identifier: Program Income Subservice: (None)

111 **Leathem, Nelda J** Service: Congregate Meals Fund Identifier: Program Income Subservice: (None)

112 **Leathem, William R** Service: Congregate Meals Fund Identifier: Program Income Subservice: (None)

113 **Mabe, Dawn D** Service: Congregate Meals Fund Identifier: Program Income Subservice: (None)

114 **Mahoney, Clark A** Service: Congregate Meals Fund Identifier: Program Income Subservice: (None)

115 **Manus, Richard K** Service: Congregate Meals Fund Identifier: Program Income Subservice: (None)

116 **Marshall, Michael D** Service: Congregate Meals Fund Identifier: Program Income Subservice: (None)

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137																																Service: Congregate Meals	Fund Identifier: Program Income	Subservice: (None)
138																																Service: Congregate Meals	Fund Identifier: Program Income	Subservice: (None)
139																																Service: Congregate Meals	Fund Identifier: Program Income	Subservice: (None)
140																																Service: Congregate Meals	Fund Identifier: Program Income	Subservice: (None)
141																																Service: Congregate Meals	Fund Identifier: Program Income	Subservice: (None)
142																																Service: Congregate Meals	Fund Identifier: Program Income	Subservice: (None)
143																																Service: Congregate Meals	Fund Identifier: Program Income	Subservice: (None)

Handwritten notes: 1, 2, 3, 4, 5, 6, 7, 8, 9, 10, 11, 12, 13, 14, 15, 16, 17, 18, 19, 20, 21, 22, 23, 24, 25, 26, 27, 28, 29, 30, 31

3/2026	Sun 1	Mon 2	Tue 3	Wed 4	Thu 5	Fri 6	Sat 7	Sun 8	Mon 9	Tue 10	Wed 11	Thu 12	Fri 13	Sat 14	Sun 15	Mon 16	Tue 17	Wed 18	Thu 19	Fri 20	Sat 21	Sun 22	Mon 23	Tue 24	Wed 25	Thu 26	Fri 27	Sat 28	Sun 29	Mon 30	Tue 31
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171 **Riggs, Jean** Service: Congregate Meals Fund Identifier: Program Income Subservice: (None) 9

172 **Riggs, Jeff W** Service: Congregate Meals Fund Identifier: Program Income Subservice: (None) 11

173 **Riley, Pam A** Service: Congregate Meals Fund Identifier: Program Income Subservice: (None)

174 **Roberts, Michael** Service: Congregate Meals Fund Identifier: Program Income Subservice: (None)

175 **Roberts, Shirley A** Service: Congregate Meals Fund Identifier: Program Income Subservice: (None) 7

176 **Roberts, Shirley K** Service: Congregate Meals Fund Identifier: Program Income Subservice: (None)

177 **Robinson, Gene E** Service: Congregate Meals Fund Identifier: Program Income Subservice: (None) 21

178 **Rose, Joan M** Service: Congregate Meals Fund Identifier: Program Income Subservice: (None)

179 **Rose, Richard L** Service: Congregate Meals Fund Identifier: Program Income Subservice: (None)

Handwritten notes: 43, 7, 4131319, 221229, 4131, 4141, 10, 10

3/2026	Sun 1	Mon 2	Tue 3	Wed 4	Thu 5	Fri 6	Sat 7	Sun 8	Mon 9	Tue 10	Wed 11	Thu 12	Fri 13	Sat 14	Sun 15	Mon 16	Tue 17	Wed 18	Thu 19	Fri 20	Sat 21	Sun 22	Mon 23	Tue 24	Wed 25	Thu 26	Fri 27	Sat 28	Sun 29	Mon 30	Tue 31
180																															
	Ross, Johanna Service: Congregate Meals Fund Identifier: Program Income Subservice: (None)																														
181																															
	Royer, Suellen Service: Congregate Meals Fund Identifier: Program Income Subservice: (None)																														
182																															
	Russell, Kenny Service: Congregate Meals Fund Identifier: Program Income Subservice: (None)																														
183																															
	Russell, Susan Y Service: Congregate Meals Fund Identifier: Program Income Subservice: (None)																														
184																															
	Russell, Timmy K Service: Congregate Meals Fund Identifier: Program Income Subservice: (None)																														
185																															
	Ryals, Michael T Service: Congregate Meals Fund Identifier: Program Income Subservice: (None)																														
186																															
	Ryan, Michael R Service: Congregate Meals Fund Identifier: Program Income Subservice: (None)																														
187																															
	Ryan, Steven C Service: Congregate Meals Fund Identifier: Program Income Subservice: (None)																														
188																															
	Ryon, Fay Service: Congregate Meals Fund Identifier: Program Income Subservice: (None)																														

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3/2026	Sun 1	Mon 2	Tue 3	Wed 4	Thu 5	Fri 6	Sat 7	Sun 8	Mon 9	Tue 10	Wed 11	Thu 12	Fri 13	Sat 14	Sun 15	Mon 16	Tue 17	Wed 18	Thu 19	Fri 20	Sat 21	Sun 22	Mon 23	Tue 24	Wed 25	Thu 26	Fri 27	Sat 28	Sun 29	Mon 30	Tue 31
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207 **Stover, Kathryn J** Service: Congregate Meals Fund Identifier: Program Income Subservice: (None) 4

208 **Strohm, Irene** Service: Congregate Meals Fund Identifier: Program Income Subservice: (None)

209 **Swinney, Carl W** Service: Congregate Meals Fund Identifier: Program Income Subservice: (None) 19

210 **Swinney-Grimes, Patsy J** Service: Congregate Meals Fund Identifier: Program Income Subservice: (None) 21

211 **Tidwell, Deanna L** Service: Congregate Meals Fund Identifier: Program Income Subservice: (None) 7

212 **Tidwell, Eldridge R** Service: Congregate Meals Fund Identifier: Program Income Subservice: (None) 10

213 **Timme, Cynthia "Kay"** Service: Congregate Meals Fund Identifier: Program Income Subservice: (None)

214 **Tooke, Rose M** Service: Congregate Meals Fund Identifier: Program Income Subservice: (None)

215 **Vandyke, Gloria I** Service: Congregate Meals Fund Identifier: Program Income Subservice: (None)

1 4 5 2 4 3 3 3 3 15 2 5 3 2 2 14 2 2 3 3 2 4 4 4 3 16 19

3/2026	Sun 1	Mon 2	Tue 3	Wed 4	Thu 5	Fri 6	Sat 7	Sun 8	Mon 9	Tue 10	Wed 11	Thu 12	Fri 13	Sat 14	Sun 15	Mon 16	Tue 17	Wed 18	Thu 19	Fri 20	Sat 21	Sun 22	Mon 23	Tue 24	Wed 25	Thu 26	Fri 27	Sat 28	Sun 29	Mon 30	Tue 31
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3/2026 Sun 1 Mon 2 Tue 3 Wed 4 Thu 5 Fri 6 Sat 7 Sun 8 Mon 9 Tue 10 Wed 11 Thu 12 Fri 13 Sat 14 Sun 15 Mon 16 Tue 17 Wed 18 Thu 19 Fri 20 Sat 21 Sun 22 Mon 23 Tue 24 Wed 25 Thu 26 Fri 27 Sat 28 Sun 29 Mon 30 Tue 31

Vick, Kenneth L

Service: Congregate Meals
 Fund Identifier: Program Income
 Subservice: (None)

Walker, Frank E

Service: Congregate Meals
 Fund Identifier: Program Income
 Subservice: (None)

Werner, Paul

Service: Congregate Meals
 Fund Identifier: Program Income
 Subservice: (None)

White, Sandra J

Service: Congregate Meals
 Fund Identifier: Title III-C1
 Subservice: (None)

Whitfield, Ray C

Service: Congregate Meals
 Fund Identifier: Program Income
 Subservice: (None)

Wierzbinski, Lawrence

Service: Congregate Meals
 Fund Identifier: Title III-C1
 Subservice: (None)

Wilk, Kimmie

Service: Congregate Meals
 Fund Identifier: Program Income
 Subservice: (None)

Williams, Jackie B

Service: Congregate Meals
 Fund Identifier: Program Income
 Subservice: (None)

Willis, Charles

Service: Congregate Meals
 Fund Identifier: Title III-C1
 Subservice: (None)

1 3 (4) 1 1 1 (3) 2 1 2 1 (6) 1 1 2 (4) 2 (3)

3/2026 Sun 1 Mon 2 Tue 3 Wed 4 Thu 5 Fri 6 Sat 7 Sun 8 Mon 9 Tue 10 Wed 11 Thu 12 Fri 13 Sat 14 Sun 15 Mon 16 Tue 17 Wed 18 Thu 19 Fri 20 Sat 21 Sun 22 Mon 23 Tue 24 Wed 25 Thu 26 Fri 27 Sat 28 Sun 29 Mon 30 Tue 31

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3/2026	Sun 1	Mon 2	Tue 3	Wed 4	Thu 5	Fri 6	Sat 7	Sun 8	Mon 9	Tue 10	Wed 11	Thu 12	Fri 13	Sat 14	Sun 15	Mon 16	Tue 17	Wed 18	Thu 19	Fri 20	Sat 21	Sun 22	Mon 23	Tue 24	Wed 25	Thu 26	Fri 27	Sat 28	Sun 29	Mon 30	Tue 31
234	Bingham, Beth																														
	Service: Congregate Meals																														
	Fund Identifier: Program Income																														
	Fund Identifier: Title III-C1																														
	Subscriber: (None)																														
235	Anding, Robin																														
	Service: Congregate Meals																														
	Fund Identifier: Program Income																														
	Fund Identifier: Title III-C1																														
	Subscriber: (None)																														
236	Anding, Roy																														
	Service: Congregate Meals																														
	Fund Identifier: Program Income																														
	Fund Identifier: Title III-C1																														
	Subscriber: (None)																														
237	Davis, Bill																														
	Service: Congregate Meals																														
	Fund Identifier: Program Income																														
	Fund Identifier: Title III-C1																														
	Subscriber: (None)																														
238	Fussell, Clyde																														
	Service: Congregate Meals																														
	Fund Identifier: Program Income																														
	Fund Identifier: Title III-C1																														
	Subscriber: (None)																														
239	Daniels, Doble																														
	Service: Congregate Meals																														
	Fund Identifier: Program Income																														
	Fund Identifier: Title III-C1																														
	Subscriber: (None)																														
240	Snider, Audie																														
	Service: Congregate Meals																														
	Fund Identifier: Program Income																														
	Fund Identifier: Title III-C1																														
	Subscriber: (None)																														
241	Snider, Mary																														
	Service: Congregate Meals																														
	Fund Identifier: Program Income																														
	Fund Identifier: Title III-C1																														
	Subscriber: (None)																														

241 Consumers Roster Summary Total:

11

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3/2026 4/2024

3/2026	Sun 1	Mon 2	Tue 3	Wed 4	Thu 5	Fri 6	Sat 7	Sun 8	Mon 9	Tue 10	Wed 11	Thu 12	Fri 13	Sat 14	Sun 15	Mon 16	Tue 17	Wed 18	Thu 19	Fri 20	Sat 21	Sun 22	Mon 23	Tue 24	Wed 25	Thu 26	Fri 27	Sat 28	Sun 29	Mon 30	Tue 31
234	Schreiber, Donald																														
	Service: Congregate Meals																														
	Fund Identifier: Program Income																														
	Fund Identifier: Title III-C1																														
	Subservice: (None)																														
235	Wright, Janice																														
	Service: Congregate Meals																														
	Fund Identifier: Program Income																														
	Fund Identifier: Title III-C1																														
	Subservice: (None)																														
236	Beshoa, Tommy																														
	Service: Congregate Meals																														
	Fund Identifier: Program Income																														
	Fund Identifier: Title III-C1																														
	Subservice: (None)																														
237	Daniels, Roy																														
	Service: Congregate Meals																														
	Fund Identifier: Program Income																														
	Fund Identifier: Title III-C1																														
	Subservice: (None)																														
238	Warner, Judy																														
	Service: Congregate Meals																														
	Fund Identifier: Program Income																														
	Fund Identifier: Title III-C1																														
	Subservice: (None)																														
239	Hecker, Michah																														
	Service: Congregate Meals																														
	Fund Identifier: Program Income																														
	Fund Identifier: Title III-C1																														
	Subservice: (None)																														
240	NE/SON, Mary																														
	Service: Congregate Meals																														
	Fund Identifier: Program Income																														
	Fund Identifier: Title III-C1																														
	Subservice: (None)																														
241	Lambeth, Cynthia																														
	Service: Congregate Meals																														
	Fund Identifier: Program Income																														
	Fund Identifier: Title III-C1																														
	Subservice: (None)																														

241 Consumers Roster Summary Total:

13

